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By Olivier Ameisen


When Olivier Ameisen's book was first published, Barbara Fisher noted in The Boston Globe that this is not your usual memoir of addiction, degradation, and redemption. His story is indeed unusual not because he was a brilliant cardiologist who developed a profound addiction to alcohol, or because he tried numerous treatment options and none helped. His story was the story of millions of alcoholics until he decided to take his treatment into his own hands. Searching for a cure for his deadly disease, he happened upon baclofen, a safe muscle relaxant that had recently shown promising results in studies with laboratory animals addicted to a wide variety of substances. Ameisen experimented...

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